



Public Authority for IHSS in Alameda County Online Training

Did you know that PA for IHSS in Alameda County provide free online trainings to
IHSS Providers and Recipients?

Please review the upcoming training schedule for April 2021 and
click the link to sign up for each class that you are interested:

Inflammation and Oral Health – April 5th (Monday) 1:30pm - 3:30pm

To register, click here: <https://zoom.us/meeting/register/tJckce2trjgrHNOKL4k-9MHm6y8izWKNSY5w>

**IHSS Overview: Caring for Yourself While Caring for Others – April 7th (Wed.)
9:30am - 11:30am**

To register, click here: <https://zoom.us/meeting/register/tJYqdOqvrzkh9YHR5ge0f0HBSYzekXsSqmW>

Dementia and Mental Health – April 13th (Tuesday) 1:30pm - 3:30pm

To register, click here: <https://zoom.us/meeting/register/tJUkd-ytrj8vHtTMRpBqEfSD-G9Wzh0bs3Mn>

**Money, Stress, and Financial Wellness – April 15th (Thursday) 9:30am -
11:30am**

To register, click here: <https://zoom.us/meeting/register/tJwtfuqvrDwsHNIUMEqGAogo5r6-ROkCca6K>

End-of-Life Care and Grief Support – April 19th (Monday) 9:30am - 11:30am

To register, click here: https://zoom.us/meeting/register/tJA1c-2orz8iE9L3Ws5VCM_KK9CJLPGkzOLN

Cancer Basics – April 21st (Wednesday) 1:30pm - 3:30pm

To register, click here: <https://zoom.us/meeting/register/tJlqd-GgqTkoHdYGiwwFi36rGe32L9o1-YXz>

Heart and Stroke – April 26th (Monday) 9:30am - 11:30am

To register, click here: <https://zoom.us/meeting/register/tJYkcyopz4uEtEOC1Yu5mN5QXGoEdcKnP3k>

Check out our website: www.ac-pa4ihss.org

Email at PATraining@acgov.org for any questions.

Target gift cards will be awarded to eligible participants upon successful completion.