



PLEASE FILL OUT THIS FORM TO REGISTER FOR



NAME: _____ **IHSS Provider ID #:** _____

ADDRESS: _____ **CITY:** _____ **ZIP CODE:** _____

PHONE: _____ **Language:** _____ **Email:** _____

<input type="checkbox"/> CPR/ First Aid/ AED: Learn about cardiopulmonary resuscitation and emergency lifesaving procedure. Earn 2 year certificate for completion of the course.	Dublin	April 3 (Tuesday)	9:30am – 1:30pm
<input type="checkbox"/> Mental Health Care: Learn to help the consumer with mental issues identify daily stress and contributing factors, training talks about thoughts of harming self or others.	Fremont	April 10 (Tuesday)	12:00pm – 2:30pm
<input type="checkbox"/> Homecare Certificate Training in Spanish: Aprenda a proporcionar servicios de apoyo en el hogar (IHSS) enfocándose en actividades para la vida diaria y habilidades de cuidado personal.	San Leandro	April 10 to May 3 (Every Tuesdays and Thursdays)	5:45 pm – 8:45 pm
<input type="checkbox"/> Hoarding Behavior: Learn taking control of cluttering issues and hoarding behaviors to empower and support.	Berkeley	April 16 (Monday)	1:00pm-3:30pm
<input type="checkbox"/> IHSS for Success: Learn the overview of the In-Home Care Supportive Services Program. Know about benefits, professional boundaries, rights and responsibilities and medical conditions.	Dublin	April 19 (Thursday)	12:00pm – 2:30pm
	Oakland (In Chinese)	April 28 (Saturday)	10:00am – 12:30pm
<input type="checkbox"/> Financial Wellness: Learn about basic financial education and achieving optimal financial wellness through behavioral change and planning.	Berkeley	April 30 (Monday)	9:30am – 12:00pm
<input type="checkbox"/> Body Mechanics & Transfer: Learn about using proper body mechanics and lifting strategy and reducing the risk of injury and people move safely with body transfer techniques.	Dublin	May 2 (Tuesday)	9:30am – 12:00pm
<input type="checkbox"/> CPR/ First Aid/ AED in Spanish: Aprenda sobre la reanimación cardiopulmonar y el procedimiento de emergencia para salvar vidas. Otrendrá un Certificado para 2 años al terminar el curso.	Oakland	May 11 (Friday)	1:00pm – 4:00pm
<input type="checkbox"/> Stress Management: Learn how to identify stress and manage it better using our senses to promote self-care, easy tools and techniques for relaxation and healthy living.	Dublin	May 14 (Monday)	2:00pm – 4:30pm
<input type="checkbox"/> Homecare Certificate Training in English: Learn provide In-Home Support Services (IHSS) care by focusing on activities for daily living and personal care skills.	San Leandro	May 22 - June 14 (Every Tuesdays and Thursdays)	5:45 pm – 8:45 pm
<input type="checkbox"/> How to Improve Communication: Learn how to better communicate dealing with health concerns and methods of relaying information for effective communication.	Fremont	May 22 (Tuesday)	12:00pm – 2:30pm
<input type="checkbox"/> Nutrition & Dementia: Learn more about better nutrition to support people with memory loss.	Dublin	June 1 (Friday)	9:30am – 12:30pm
<input type="checkbox"/> Diabetes Care: Learn symptoms, common terms and the diagnosis. Learn the overview of self-management and blood glucose monitoring and types of medication and side effects.	Dublin	June 15 (Friday)	9:30am – 12:30pm

Completed form can be returned to the front desk at IHSS (Suite 143) or returned by mail to: Public Authority, Attn: Training, 6955 Foothill Blvd, 3rd Floor, Oakland, CA 94605

Please call 510-577-3554 or email sbasnet@ac-pa4ihss.org for training information

