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**Advisory Committee (AC) on IHSS Meeting**  
**March 7, 2019 1:30 PM- 3:30 PM**  
**Maxwell Park Room, 1<sup>st</sup> Floor, Eastmont Town Center**  
**6955 Foothill Blvd., Oakland, CA**

**AGENDA**

| Time | # of Minutes | Agenda Items   |                                |
|------|--------------|--|--------------------------------|
| 1:30 | 10           | <u>Call to Order/Introductions</u><br>Agenda Additions and/or Revisions Approval of Agenda (Action Item)<br>Approval of May, September, October 2018 and February 2019 Minutes (Action Item) | M. Rousey                      |
| 1:40 | 20           | Adult and Aging Updates/<br>IHSS: Alameda County IHSS updates:   | Randy Morris and Glenn Wallace |
| 2:00 | 20           | PA Update: Reports and Updates   | M. Rousey / G. Wallace         |
| 2:20 | 20           | Review and approval of 2019 AC Outreach fliers   | M. Rousey                      |
| 2:40 | 15           | BREAK  |                                |
| 2:45 | 15           | AC Yearly Officer vote<br>Committee: Assignments/vote  | G. Wallace and Staff           |
| 3:00 | 15           | AC Member Attendance review (Action item)  | M. Rousey                      |
| 3:15 | 2            | Outreach Opportunities:<br>Statewide Meetings/CICA/upcoming events   | M. Rousey                      |
| 3:17 | 3            | Member/Community Communication   | M. Rousey                      |
| 3:20 |              | Public Input (Time Limit: 3 minutes per speaker)   | General Public                 |
| 3:30 |              | Adjourn (Action)   | M. Rousey                      |

## **Training Schedule: March 2019**

|  |  |                    |
|--|--|--------------------|
| Nutritious Meal Planning                         | March 6                                    | 1:30 pm – 4:00 pm  |
| Mental Health and Wellness                       | March 15                                   | 9:00 am – 12:00 pm |
| CPR/First Aid                                    | March 19                                   | 9:30 am – 12:00 pm |
| Active Living to Manage Blood Pressure and Falls | March 26                                   | 1:30 pm – 4:00 pm  |
| Homecare Worker Certification Program            | March 5 – March 19<br>Tuesday and Thursday | 5:45 pm – 8:45 pm  |

## **Outreach Schedule: March 2019**

|                      |          |                    |
|----------------------|----------|--------------------|
| Albany Senior Fair   | March 22 | 10:00 am – 1:00 pm |
| Home Aid Orientation | March 26 | 3:00 pm – 5:00 pm  |

\*Please note that Outreach Events information is already written in the staff report

\*In consideration of persons who may experience chemical sensitivities, all in-person attendees are asked to refrain from wearing and using scented personal care products.

If meeting materials are needed in an alternative format, or any other accommodations or services are needed to enable participation in the meeting, please contact the Public Authority (5) five business days before the meeting.